

# HERO3

WHITE EDITION

Join the GoPro party at **facebook.com/gopro** to see what other GoPro owners are capturing and sharing. Share *your* footage and join the GoPro movement!

---

## TABLE OF CONTENTS

---

Accessories	4
Mounts + Accessories	5
HER03 Features	6
Camera LCD Status Screen	8
Camera Menu Flow Chart	9
Camera Software Updates	10
Basics	10
Camera Modes	13
Camera Settings	20
Set Up	29
Wi-Fi + Wi-Fi Remote	37
Connecting to GoPro App	38
Storage/microSD™ Cards	39
System Requirements	40
Transferring Files	41
Playback	42
Battery	44
Important Warning Messages	47
Camera Housing	48
Using the Mounts	52
Customer Support	54
Regulatory Information	54

---

---

# WEAR IT. MOUNT IT. LOVE IT.

---

## FEATURED ACCESSORIES

---



LCD Touch BacPac™

---



Battery BacPac™

---



Wi-Fi Remote

---



The Frame

---

## HERO3+ ACCESSORIES

---



Wrist Housing

---



Standard Housing

---



Rechargeable Battery

---



Dive Housing Lens  
Replacement Kit

---



Protective Lens + Covers

---

More HERO3+ accessories available at [gopro.com](http://gopro.com)

---

## MOUNTS + ACCESSORIES



Helmet Front Mount



Chesty (Chest Harness)



Handlebar/Seatpost/  
Pole Mount



Surfboard Mounts



Floaty Backdoor



Head Strap  
+ QuickClip



Suction Cup



Vented Helmet  
Strap



Roll Bar Mount



Tripod Mounts



Anti-Fog Inserts



Jaws: Flex  
Clamp



Curved + Flat  
Adhesive Mounts



Side Mount

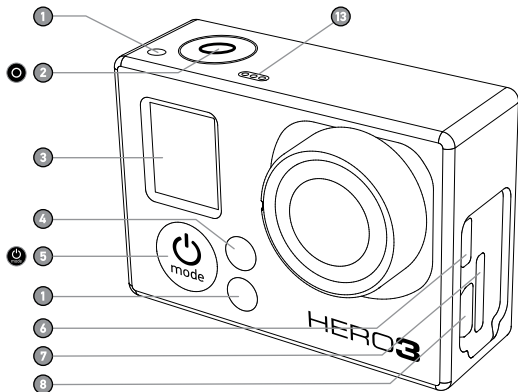


Camera Tethers



Dual Battery  
Charger

## HERO3 FEATURES




**1. Camera Status Lights (Red)**

**2. Shutter/Select Button** 

**3. LCD Status Screen**

**4. Wi-Fi Status Lights (Blue)**

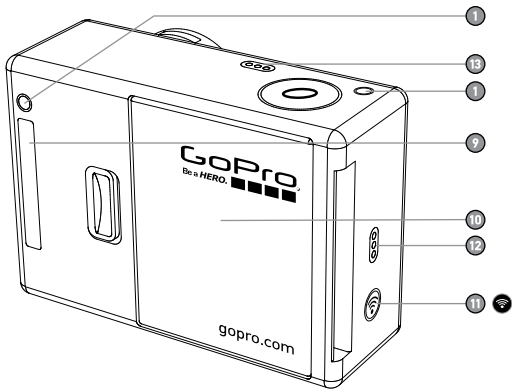
**5. Power/Mode Button** 

**6. Micro HDMI Port**  
(Cable not included)

**7. MicroSD Card Slot**  
(SD card not included)

**8. Mini-USB Port**  
(Supports Composite A/C  
cable/3.5mm stereo mic  
adapter, not included)

## HERO3 FEATURES



**9. HERO Port**

**10. Battery Door**

**11. Wi-Fi On/Off Button**



**12. Audio Alert**

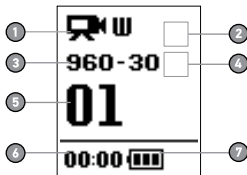
**13. Microphone**

---

## CAMERA LCD STATUS SCREEN

---

The LCD screen displays the following information about HERO3 modes and settings:

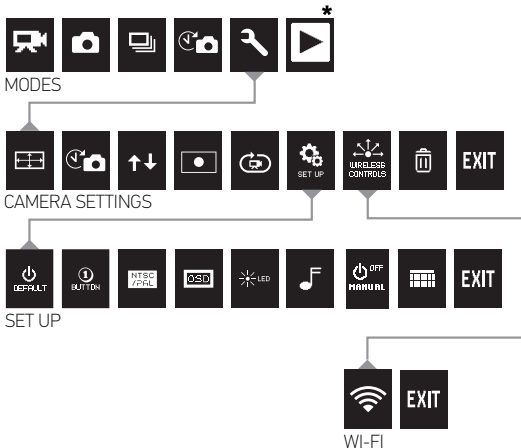


- 1. Camera Modes/FOV (Field of View)**
- 2. Capture Setting Modes** (not shown)
- 3. Resolution/fps (Frames Per Second)**
- 4. Time Interval Settings:** (not shown)
- 5. Counter**
- 6. Time/Storage/Files**
- 7. Battery Life**

**NOTE:** The icons displayed above will vary depending on what mode your camera is in.



## CAMERA MENU FLOW CHART



**\*Playback** only appears in LCD Status Screen if camera is connected to a TV or LCD Touch BacPac™ (optional accessory, sold separately).

---

## SOFTWARE UPDATES

---



To get the latest features and best performance from your HERO3 camera, make sure you're using the most current camera software.

To check if software updates are available, visit: **[gopro.com/update](http://gopro.com/update)**.

---

## USING YOUR HERO3: BASICS

---

### GETTING STARTED

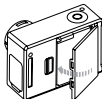
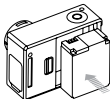
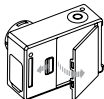
#### 1. Remove camera from housing



2. Remove camera side door and insert a microSD, microSDHC™ or microSDXC™ card into the card slot. A microSD card with a Class 4 or higher speed rating is recommended.



3. Open camera back door, insert battery, close camera back door.



- 3. Charge battery.** The included lithium-ion battery comes partially charged. To charge, connect the included USB cable to camera and connect the other end of the cable to a power source such as a computer, GoPro Wall Charger or GoPro Auto Charger. No damage will occur to the camera or battery if used prior to a full charge.

**PRO  
TIP:**






**When camera is OFF and charging:**

- **Red Status Indicator Light** will turn **ON** when camera is charging.
- **Red Status Indicator Light** will turn **OFF** when charging is complete

► See **BATTERY LIFE** for more information.

## CAMERA DEFAULT SETTINGS

The HERO3 White Edition camera powers up with the following default settings:

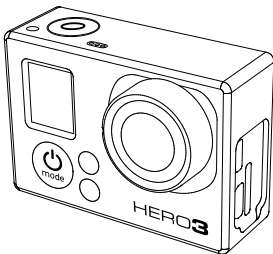
	<b>Video Resolution</b>	960p30 fps (frames per second)
	<b>Photo Resolution</b>	5MP (megapixels)
	<b>Burst Photo</b>	3 photos in 1 second
	<b>Time Lapse</b>	0.5 seconds
	<b>Wi-Fi</b>	<b>OFF</b>

**PRO  
TIP:**


Want to change your **VIDEO** and **PHOTO** settings?  
► See **SETTINGS MENU** to make changes.

## USING YOUR HERO3: BASICS

### POWERING ON AND OFF



#### To power ON:

Press the **Power/Mode Button** . The red **Camera Status Lights** flash three times and the **Sound Indicator** emits three beeps.

#### To power OFF:

Press and hold the **Power/Mode Button** . The red **Camera Status Lights** flash several times and the **Sound Indicator** emits seven beeps.


#### PRO TIP:







Want to turn your HERO3 into a “one-button” camera that automatically starts recording **Photos** or **Videos** once it turns **ON**? Set the camera to **ONE BUTTON** mode.

► See **ONE BUTTON** mode for more information.

# USING YOUR HERO3: CAMERA MODES

## OVERVIEW

The HERO3 features several camera modes. To cycle through the modes, press the **Power/Mode Button** . The modes will appear in the following order:

	<b>VIDEO</b>	Record <b>Video</b>
	<b>PHOTO</b>	Capture a single <b>Photo</b>
	<b>BURST PHOTO</b>	Capture up to 3 <b>Photos</b> in one second
	<b>TIME LAPSE</b>	Capture a series of <b>Photos</b> at timed intervals
	<b>SETTINGS</b>	Adjust camera <b>Settings</b>
	<b>PLAYBACK</b>	Playback <b>Video</b> and <b>Photos</b> . Appears only if camera is connected to a TV or LCD Touch BacPac™ (optional accessory, sold separately).

### PRO TIP:

Use **BURST PHOTO** to capture fast-moving subjects.



► See **PLAYBACK** for more information.

---


## USING YOUR HERO3: CAMERA MODES

---

### VIDEO

To record **Video**, verify the camera is in **Video** mode. If the **Video** icon  on your camera's LCD screen is not showing, press the **Power/Mode Button**  repeatedly until it appears.

#### **To start recording:**

Press the **Shutter/Select Button** . The camera will emit one beep and the red **Camera Status Lights** will flash while recording.



#### **To stop recording:**

Press the **Shutter/Select Button** . The red **Camera Status Lights** flash three times and the camera emits three beeps to indicate recording has stopped.


The HERO3 automatically stops recording when the memory card is full or the battery is out of power. Your video will be saved before the camera powers **OFF**.

► See **VIDEO** mode for instructions on how to change resolution settings.

### PHOTO

To capture a **Photo**, verify the camera is in **Photo** mode. If the **Photo icon**  on your camera's LCD is not showing, press the **Power/Mode Button**  repeatedly until it appears.

#### **To take a photo:**

Press and release the **Shutter/Select Button** . The camera beeps two times and the red **Camera Status Lights** flash.

► See **PHOTO** modes for instructions on how to change resolution settings and other **PHOTO** features.



---

## USING YOUR HERO3: CAMERA MODES

---

### **BURST PHOTO**

In **Burst Photo** mode, your camera takes multiple photos in short time intervals—**3 photos /1 second**.

To capture a **Burst Photo** series, verify the camera is in **Burst Photo** mode. If the **Burst Photo** icon  on your camera's LCD screen is not showing, press the **Power/Mode Button**  repeatedly until it appears.

#### **To take a Burst Photo series:**



Press the **Shutter/Select Button** . The red **Camera Status Lights** flash and the camera beeps multiple times.

► See **BURST PHOTO** for instructions on how to change the interval settings.




### **TIME LAPSE**


**Time Lapse** mode captures a series of photos at **0.5, 1, 2, 5, 10, 30** or **60** second intervals.

To capture a **Time Lapse** series, verify the camera is in **Time Lapse** mode. If the **Time Lapse** icon  is not showing on your camera's LCD screen, press the **Power/Mode Button**  repeatedly until it appears.

#### **To take Time Lapse:**

Press the **Shutter/Select Button** . The camera initiates countdown and the red **Camera Status Lights** flash each time a **Photo** is taken.

#### **To stop Time Lapse:**

Press the **Shutter/Select Button** . The red **Camera Status Lights** flash three times and the camera emits three beeps to indicate that **Time Lapse** has stopped.

► See **TIME LAPSE** for instructions on how to change the interval settings.

---

## USING YOUR HERO3: CAMERA MODES

---



### SETTINGS

The **Settings** menu allows you to adjust a variety of camera settings including:



**Video Resolution**



**Photo Resolution**



**Time Lapse**



**Burst Photo**

- and more

► See **SETTINGS MENU** to make changes, learn how to navigate menu options and read more details on each setting.



### PLAYBACK









Playback **Video** and **Photos** by connecting your HERO3 to a TV (requires Micro HDMI, Composite or Combo Cable, sold separately). You can also playback **Video** and **Photos** on the LCD Touch BacPac™ (optional accessory, sold separately). **Playback** appears only if camera is connected to a TV or LCD Touch BacPac.

► See **PLAYBACK** for more information on viewing your **VIDEOS** and **PHOTOS**.

# CAMERA SETTINGS

## SETTINGS

### To enter the Settings menu:

1. Verify the camera is in the **Settings** mode. If the **Settings** icon  on your camera's LCD screen is not showing, press the **Power/Mode Button**  repeatedly until it appears.
2. Press the **Shutter/Select Button**  to enter **Settings** menu .
3. Use the **Power/Mode Button**  to cycle through the various **Settings** options.
4. Press the **Shutter/Select Button**  to select desired option.
5. To exit, hold down the **Shutter/Select Button**  for two seconds or cycle through to **EXIT** and press the **Shutter/Select Button** .

#### PRO TIP:









If at any time you wish to exit from the **Settings** menu, press and hold the **Shutter/Select Button**  for two seconds.



## VIDEO RESOLUTION/ FPS/FOV MODES

You can change **Resolution**, **fps** (frames per second) and **FOV** (field of view) in the **Video** mode menu. You can also turn **Auto Low Light** mode **ON/OFF**.

**Once in the Settings menu:**

1. Press the **Shutter/Select Button**  to enter .
2. Use the **Power/Mode Button**  to cycle through options.
3. Press the **Shutter/Select Button**  to enter desired menu.
4. Use the **Power/Mode Button**  to cycle through each sub-menu option and the **Shutter/Select Button**  to select it.
5. To change additional options, repeat step 4.
6. To exit, hold down the **Shutter/Select Button**  for two seconds or cycle through to **EXIT** and press the **Shutter/Select Button**  to select it.

---

## CAMERA SETTINGS

---

### The HERO3 White Edition offers the following Video Capture modes:

Video Resolution	NTSC fps	PAL fps	Field of View (FOV)	Screen Resolution	Best Use
1080p	30	25	Medium	1920x1080 16:9	Use this mode when camera is mounted on a vehicle, tripod or other stable object.
960p	30	25	Ultra Wide	1280x960 4:3	High-quality 4:3 video. Good when shooting in low-light conditions. Use for body-mounted shots.
720p	60	50	Ultra Wide	1280x720 16:9	Best resolution frame rate for handheld shots and when slow motion is desired.
720p	30	25	Ultra Wide	1280x720 16:9	Best resolution for handheld shots and low-light conditions. Choose this mode when camera is mounted on vehicle, tripod or other stable object.
WVGA	60	N/A	Ultra Wide	848x480	Good when standard definition is acceptable.



### TIME LAPSE

Several time interval options are available for **Time Lapse** mode, including **0.5, 1, 2, 5, 10, 30** and **60** seconds.

---



### UPSIDE DOWN

Mounting your HERO3 **Upside Down** but wish the files to appear upright when viewing or editing? This setting eliminates the need to flip your video or photos after recording.

---



Camera right side up (Default)

---




Camera upside down

---



### SPOT METER

Turn on **Spot Meter** when filming from within a dark space pointing the camera into a brighter setting, such as filming the outdoors from within a car. When **Spot Meter** is set to **ON**,  appears in the LCD window.

---

OFF (Default)

---


ON

---

## CAMERA SETTINGS



### LOOPING VIDEO

**Looping Video** mode allows you to record a continuously looping video that overwrites itself until you press the **Shutter/Select Button**  to stop it.

#### Looping Video options include:

OFF	(Default)
Max video	Camera records until memory card is full, then overwrites with a new video.
5 min video	Camera records for 5 minutes, then begins a new video, progressively overwriting the previous 5 minute video.
20 min video	Camera records for 20 minutes, then begins a new video, progressively overwriting the previous 20 minute video.
60 min video	Camera records for 60 minutes, then begins a new video, progressively overwriting the previous 60 minute video.
120 min video	Camera records for 120 minutes, then begins a new video, progressively overwriting the previous 120 minute video.

#### PRO TIP:

Multiple chapter files are written to your memory card. This allows for small segments of content to be overwritten during loop recording. When viewing on a computer screen, you will see separate files for each time segment. Use video editing software if you wish to combine files into a longer video.





## SET UP MENU

The **Set Up** menu allows you to adjust the following camera settings:



**Default mode at Power Up**



**One Button Mode**



**NTSC/PAL**



**On Screen Display**



**Status Indicator Lights**



**Sound Indicator**



**Month/Day/Year/Time**

► See **SET UP MENU** section for a complete list of set up options.

---

## CAMERA SETTINGS


---



### WIRELESS CONTROLS

The camera's built-in Wi-Fi allows you to connect to the Wi-Fi Remote or smartphone/tablet via the GoPro App. When **Wi-Fi** is **ON**, a **Wi-Fi** status icon will appear on the camera's **LCD Status Screen** and the blue **Wi-Fi Status Indicator Lights** will blink intermittently. When you turn **OFF** the **Wi-Fi**, the **Wi-Fi Status Indicator Lights** flash seven times.

#### To turn Wi-Fi ON/OFF:

Press  to turn **Wi-Fi ON/OFF**. The most recently used **Wi-Fi** mode will be active when **Wi-Fi** is **ON**.

► See **WIRELESS CONTROLS** section for a complete list of wireless functions

**NOTE:** *Your camera cannot connect to the Wi-Fi Remote and GoPro App at the same time.*



## DELETE












Delete the last file or all files and format the memory card. During delete **LAST** or **ALL**, the **Status Indicator Lights** blink until operation is complete.

CANCEL (Default)

LAST

ALL (Formats SD card)

### To delete **LAST** or **ALL**:

1. Verify the camera is in **Settings** mode. If the **Settings** icon  on your camera's LCD screen is not showing, press the **Power/Mode Button**  repeatedly until it appears.
2. Press the **Shutter/Select Button**  to enter **Settings** menu .
3. Use the **Power/Mode Button**  to cycle through **Settings** to locate the **Trash** .
4. Press the **Shutter/Select Button**  to enter **Delete**.
5. Use the **Power/Mode Button**  to cycle through options.
6. Select highlighted option by pressing the **Shutter/Select Button** .
7. To exit, hold down the **Shutter/Select Button**  for two seconds or cycle through to **EXIT** and press the **Shutter/Select Button** .

### PRO TIP:

Use caution—by selecting **ALL**, the memory card will be formatted, deleting every file on your SD card.

---

## CAMERA SETTINGS

---

### EXIT EXIT

From the **EXIT** screen, press the **Shutter/Select Button**  to exit the **Settings** menu.












#### PRO TIP:

If at any time you wish to exit from the **Settings** menu, press and hold the **Shutter/Select Button**  for two seconds.



## SET UP

### To enter the Set Up menu:

1. Verify the camera is in **Settings** mode. If the **Settings** icon  on your camera's LCD screen is not showing, press the **Power/Mode Button**  repeatedly until it appears.
2. Press the **Shutter/Select Button**  to enter the **Settings** menu .
3. Use the **Power/Mode Button**  to cycle through **Settings** to locate the **Set Up** menu .
4. Press **Shutter/Select Button**  to enter **Set Up**.
5. Use the **Power/Mode Button**  to locate the desired option to change.
6. Press **Shutter/Select Button**  to select the desired option.
7. To exit, hold down **Shutter/Select Button**  for two seconds or cycle through to **EXIT** and press **Shutter/Select Button**  to select it.

---

## SET UP

---



### DEFAULT MODE AT POWER UP

You can set the camera's **Default** mode at power up to any of the following modes:



**VIDEO** (default)



**PHOTO**



**BURST PHOTO**



**TIME LAPSE**

---

















## ONE BUTTON


With **One Button** mode selected, the camera automatically begins recording when powering the camera **ON**. **One Button** mode can be configured to start in **Video** or **Time Lapse**.

OFF (Default)

ON

### To turn One Button mode ON:








1. Verify the camera is in **Settings** mode. If the **Settings** icon  on your camera's LCD screen is not showing, press **Power/Mode Button**  repeatedly until it appears.
2. Press the **Shutter/Select Button**  to enter the **Settings** menu .
3. Use the **Power/Mode Button**  to cycle through **Settings** to locate the **Set Up** menu .
4. Press the **Shutter/Select Button**  to enter **Set Up**.
5. Use the **Power/Mode Button**  to cycle through to locate **One Button** mode .
6. Press the **Shutter/Select Button**  to enter **One Button** menu.
7. Use the **Power/Mode Button**  to cycle through options.
8. Press the **Shutter/Select Button**  to select a highlighted option.
9. To exit, hold down the **Shutter/Select Button**  for two seconds or cycle through to **EXIT** and press the **Shutter/Select Button**  to select it.

The next time you power your camera **ON**, it will begin recording in its **Default Power Up Mode**. To stop recording, push and hold  for two seconds.


## SET UP

### ONE BUTTON MODE (continued)

To exit **One Button** mode:

1. Power camera **ON**.
2. Press and hold the **Shutter/Select Button**  until  shows in the LCD window.
3. Press the **Shutter/Select Button**  to enter.
4. Use the **Power/Mode Button**  to highlight **OFF**.
5. Press the **Shutter/Select Button**  to select it.
6. To exit, hold down the **Shutter/Select Button**  for two seconds or cycle through to **EXIT** and press the **Shutter/Select Button** .

#### PRO TIP:

To stop the capture process (**VIDEO** or **TIME LAPSE**) when in **ONE BUTTON**, press and hold the **Shutter/Select Button**  for two seconds. You will return to the **ONE BUTTON** menu where you can turn **ONE BUTTON** mode **OFF**.

**NOTE:** *One Button mode is disabled when connected to Wi-Fi Remote (optional accessory, sold separately) or GoPro App.*





## NTSC / PAL

The **NTSC** and **PAL** settings govern **Video** recording frame rate and playback when viewing **Video** on a TV/HDTV. Select **NTSC** when viewing a TV/HDTV in North America. Select **PAL** if viewing on a PAL TV/HDTV (most televisions outside of North America) or if viewing on a PAL TV/HDTV in any region.

<b>NTSC</b> (Default)	<b>PAL</b>
1080p/30 fps	1080p/25 fps
960p/30 fps	960p/25 fps
720p/60 fps	720p/50 fps
720p/30 fps	720p/25 fps
WVGA/60 fps	WVGA/50 fps



## ONSCREEN DISPLAY

To display or hide the recording icons and file information on video or the viewing screen during playback, turn **Onscreen Display (OSD) OFF** or **ON**.

OFF

ON (Default)

---

## SET UP

---



### CAMERA STATUS LIGHTS

Keep all four **Camera Status Lights** active, only two active (front and back) or turn **OFF** all lights.

4 (Default)

2

OFF



### SOUND INDICATOR

You can adjust volume or turn **OFF** the **Sound Indicator**.

100% (Default)

70%

OFF



### MANUAL POWER OFF

The HERO3 can be configured to automatically power **OFF** after a specific period of inactivity (when no **Videos** or **Photos** are being taken and no buttons have been pressed).

MANUAL (Default)

60sec

120sec

















300sec



MONTH / DAY / YEAR / TIME

Set the HERO3 clock to ensure **Video** and **Photo** files are saved with the correct date and time.

### To change Month/Day/Year/Time:

1. Verify the camera is in **Settings** mode. If the **Settings** icon  on your camera's LCD screen is not showing, press the **Power/Mode Button**  repeatedly until it appears.
2. Press the **Shutter/Select Button**  to enter the **Settings** menu .
3. Use the **Power/Mode Button**  to cycle through **Settings** to locate the **Set Up** menu .
4. Press the **Shutter/Select Button**  to enter the **Set Up** menu. SET UP
5. Use the **Power/Mode Button**  to locate the **Month/Day/Year/Time** menu .
6. Press the **Shutter/Select Button**  to enter **Month/Day/Year/Time** menu; **Month (MM)** will be highlighted.
7. Press the **Shutter/Select Button**  to access the list of months (1 to 12).
8. Use the **Power/Mode Button**  to cycle through list until desired selection is highlighted.
9. Press the **Shutter/Select Button**  to select it.
10. To advance to the next option, press the **Shutter/Select Button** .
11. Repeat steps 7, 8 and 9 to make selections for day (DD), year (YY), hour (HH) and minutes (MM).
12. To exit, hold down the **Shutter/Select Button**  for two seconds or cycle through to **EXIT** and press the **Shutter/Select Button** .

**NOTE:** If the battery is removed from the camera for an extended period of time **Month/Day/Year/Time** will need to be set again.

---


## SET UP

---

### EXIT EXIT

From the **EXIT** screen, press the **Shutter/Select Button**  to exit the **Set Up** menu.


#### PRO TIP:


If at any time you wish to exit from the **SET UP** menu, press and hold the **Shutter/Select Button**  for two seconds.



### WIRELESS CONTROLS

The built-in **Wi-Fi** allows your HERO3 camera to connect to the Wi-Fi Remote or to the GoPro App using a smartphone or tablet.

**To turn Wi-Fi ON/OFF via the Wi-Fi On/Off Button :**

Press the **Wi-Fi On/Off Button ** to turn **Wi-Fi ON/OFF**. When turning **Wi-Fi ON**, the **Wi-Fi** mode will be set to the most recently used mode.

### WI-FI REMOTE (SOLD SEPARATELY)

Use the Wi-Fi Remote (sold separately) to control up to 50\* cameras remotely from distances of up to 600'/180m. The Wi-Fi Remote is wearable and waterproof to 10'/3m. For instructions on pairing and connecting the Wi-Fi Remote to the camera, please see the Wi-Fi Remote User Manual included with the remote.

*\*Actual results may vary depending on presence of wireless interference.*

---

## CONNECTING TO GOPRO APP

---

### USING YOUR HERO3 WITH THE GOPRO APP (FREE)

The GoPro App lets you control your camera remotely using a smartphone or tablet. Features include full camera control, live preview, playback and sharing of select content and more.\*

Follow these steps to connect your HERO3 to the GoPro App.

1. Download the GoPro App to your smartphone or tablet at the Apple App Store, Google Play or Windows Phone marketplace.
2. Press the **Power/Mode Button**  to power camera **ON**.
3. Press the **Wi-Fi On/Off Button**  twice, then press the **Shutter/Select Button**  to enter **Wi-Fi** menu .
4. Use the **Power/Mode Button**  to cycle through options, press the **Shutter/Select Button**  to select **GoPro App**.
5. In your smartphone's or tablet's Wi-Fi network settings, connect to the camera's Wi-Fi network. The network name will begin with "GOPRO-BP-", followed by a series of letters/numbers.
6. Enter the password "goprohero". (This is the camera's default password. You can customize the password at [gopro.com/update](http://gopro.com/update). If you've already customized the password, enter that password instead of "goprohero".)
7. Open the GoPro App on your smartphone or tablet. You will now be able to control the camera with your smartphone or tablet plus view, playback and share select content.\*

#### PRO TIP:

See what your HERO3 sees by viewing it on your smartphone or tablet's screen.

\*For device compatibility, please see [gopro.com](http://gopro.com).

## STORAGE/MICROSD CARDS

The HERO3 camera is compatible with **4GB, 8GB, 16GB, 32GB** and **64GB** capacity **microSD**, **microSDHC** and **microSDXC** memory cards. A microSD card with a Class 4 or higher speed rating is recommended. GoPro recommends using brand name memory cards for maximum reliability in high-vibration activities.

### To insert microSD card:



1. Slide memory card into card slot with label facing front of camera.
2. The card will click into place when fully inserted.

### To remove microSD card:



1. Place fingernail against edge of memory card and lightly press further into camera.
2. Card will spring out far enough to be removed.

#### PRO TIP:

Use care when handling memory cards. Avoid liquids, dust and debris. As a precaution, turn off the camera before inserting or removing the card. Check manufacturer guidelines regarding use in acceptable temperature ranges.

---

## SYSTEM REQUIREMENTS

---

The HER03 camera is compatible with Microsoft® XP (Service Pack 2) or later and Mac OS X 10.4.11 or later.

WINDOWS	MAC
Windows XP (Service Pack 2 or later) or Vista	Mac OS® X 10.4.11 or later
3.2GHz Pentium 4 or faster	2.0GHz Intel Core Duo or faster
DirectX 9.0c or later	
Minimum 1GB of system RAM	Minimum 1GB of system RAM
Video card with minimum 256MB of RAM	Video card with minimum 128MB of RAM


**PRO  
TIP:**

Want to see your **Video** and **Photos** on the big screen? Connect your HER03 directly to your TV/HDTV using a **Micro HDMI Cable**, **Composite Cable** or **Combo Cable** (optional accessories, sold separately).




### TO TRANSFER VIDEO AND PHOTO FILES TO A COMPUTER

#### ON A PC:

1. Connect the camera to the computer using included USB cable.
2. Press the **Power/Mode Button**  to turn **ON** the camera.
3. Double click "My Computer" and locate "Removable Disk".
4. If "Removable Disk" is not showing, close "My Computer" folder and reopen it. The "Removable Disk" icon should appear.
5. Double click "Removable Disk" icon.
6. Double click "DCIM" folder icon.
7. Double click "100GOPRO" icon to view all **Photo** and **Video** files.
8. Copy files to the computer or external hard drive.

#### ON A MAC:










1. Connect the camera to Mac using included USB cable.
2. Press the **Power/Mode Button**  to turn **ON** the camera.
3. Icon will appear on desktop. Double click the icon to access files.
4. Copy files to computer or external hard drive.



## TO VIEW VIDEOS AND PHOTOS

**Videos** and **Photos** can be viewed on a TV/HDTV or the LCD Touch BacPac (optional accessory, sold separately).

### PLAYBACK ON TV/HDTV

**To browse Videos and Photos:**

1. Plug the camera into a TV/HDTV with a **Micro HDMI Cable**, **Composite Cable** or **Combo Cable** (optional accessories).
2. Turn camera **ON**.
3. On your camera, press the **Power/Mode Button**  to cycle to **Playback** . Press the **Shutter/Select Button** .
4. HERO3 displays thumbnail previews of all **Videos** and **Photos** on the SD card. **Photo** sets taken in **Continuous Photo**, **Photo Burst** and **Time Lapse** display the first **Photo** in a series.
5. While in thumbnail preview, use the **Power/Mode Button**  to cycle through thumbnails. Press the **Shutter/Select Button**  to view.
6. Use  and  to navigate backward and forward to see more media files on your memory card.
7. Depending on whether you are viewing **Videos** or **Photos**, different control options will appear. Use the **Power/Mode Button**  and the **Shutter/Select Button**  to navigate.

**NOTE:** ***Burst Photo** and **Time Lapse** files will display the first **Photo** in the series. To view all **Photos** in a series, use the **Power/Mode Button**  to select **View** and press the **Shutter/Select Button** .*

### **PLAYBACK ON LCD TOUCH BACPAC (SOLD SEPARATELY)**

Playback using the LCD Touch BacPac™ follows a similar process/procedure as described with a few slight variations.

▶ See the LCD Touch BacPac User Manual for more information.

---

# BATTERY

---

## MAXIMIZING BATTERY LIFE

To maximize battery life, turn Wi-Fi **OFF**. To maximize battery life when shooting longer-duration activities, turn **OFF** or detach the LCD Touch BacPac™ (optional accessory, sold separately). Extreme cold temperatures may decrease battery life. To maximize battery life in cold conditions, keep camera in a warm place prior to use. Shooting with Protune mode turned **ON** will increase power consumption.

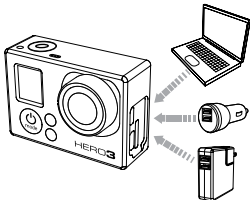
\*Based on GoPro engineering testing. Actual performance may vary based on settings, environmental conditions, wireless connectivity and other factors. Maximum battery capacity will normally decrease with time and use.

## CHARGING THE BATTERY

The battery icon displayed in the camera's LCD will blink when the battery drops below 10%. If recording is occurring when battery reaches 0%, the camera will save the file and power **OFF**.

### To charge the battery:

1. Connect the camera to a computer or USB power supply (such as the Wall Charger or Auto Charger).
2. The red **Status Indicator Light** remains **ON** while the battery is charging.
3. The red **Status Indicator Light** will turn **OFF** when the battery is fully charged.



You can also charge the battery outside the camera using the Dual Battery Charger (optional accessory, sold separately).

No damage will occur to the camera or the battery if used prior to full charge. Spare batteries and additional charging accessories are available at: **gopro.com**.

---

## BATTERY

---

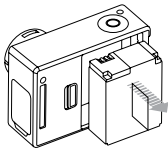
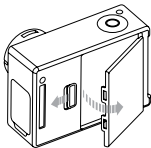
### USING THE CAMERA WHILE CHARGING

You can capture **Video** and **Photos** while charging the camera's battery. Simply plug the camera into a computer or any USB charging device using the included USB cable.

### REMOVING THE BATTERY FROM THE CAMERA

The HERO3 battery is designed to have a tight fit to maximize reliability in high-vibration activities.

**To remove the battery:**



1. Remove the battery door by placing your thumb in the indentation in the battery door (on the back of the camera) and sliding it to the left.
2. Allow the door to pop out. Grasp the battery pull-tab and remove from the camera.

---

## IMPORTANT WARNING MESSAGES

---

### MICROSD CARD MESSAGES

---

<b>NO SD</b>	No card present. The camera requires a <b>microSD</b> , <b>microSDHC</b> or <b>microSDXC</b> card to record <b>Video</b> or take <b>Photos</b> .
<b>SD FULL</b>	Card is full. Delete files or swap card.
<b>SD ERROR</b>	Camera unable to access card.

---

### FILE REPAIR ICON ON THE LCD

---



If you see the **File Repair** icon on the LCD screen, your **Video** file was corrupted during recording. Press any button and the camera will repair the file.

### TEMPERATURE WARNING ICON ON THE LCD

---



The **Temperature Warning** icon will appear on the LCD when the camera has become too hot and needs to cool down. Simply let it sit and cool before attempting to use it again. Your camera will not allow itself to overheat—do not worry, no damage has occurred.

---

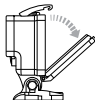
## CAMERA HOUSING

---

### ASSEMBLING THE CAMERA HOUSING

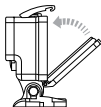
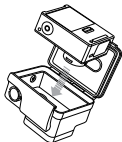
#### To remove camera from housing:

1. Lift front of latch up to disengage from camera housing.
2. Pivot latch backward and pull up to release backdoor.
3. Pull open housing backdoor and remove camera.



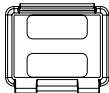
#### To secure camera in housing:

1. Open housing and drop camera into position.
2. Close housing backdoor.
3. Pivot hinged arm backwards and hook lip of latch into grooved top of housing backdoor.
4. Push latch down to snap into place.



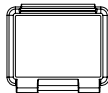


Your HERO3 camera housing comes with two types of backdoors—**Skeleton (non-waterproof)** and **Standard (waterproof)**.



### **Skeleton Backdoor**

The Skeleton Backdoor (non-waterproof) provides better sound quality by allowing more sound to reach the camera's microphone. It also reduces wind noise at speeds up to 100mph when mounted on helmets, motorcycles, bikes and other fast-moving vehicles. Use this backdoor only when sand, excessive dirt/dust and water damage is not a risk. This backdoor is also recommended for use inside vehicles.



### **Standard Backdoor**

The Standard Backdoor makes the housing waterproof to 131' / 40m. Use this door when you need to protect the camera from water and other environmental hazards.

#### **PRO TIP:**

Apply Rain-X or a similar anti-beading solution to the camera housing lens to prevent water spots from forming when using your camera in rain or water. When Rain-X is not available, periodically licking your lens is a good backup solution. Trust us, it works.

---

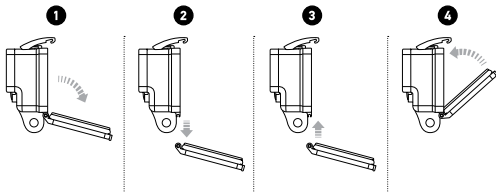
# CAMERA HOUSING

---

## SWAPPING HOUSING DOORS

You can switch the Backdoor of your HERO3 camera to suit your activity and shooting conditions.

**To change backdoor:**



1. Open the Backdoor of the housing so that it is hanging downwards.
2. Pull downwards on the Backdoor until it snaps free from the hinge.
3. Line up replacement Backdoor into the hinge opening.
4. Push upwards on the Backdoor until it clicks into place.

### PREVENTING WATER DAMAGE TO YOUR CAMERA

The rubber seal that lines the camera housing forms a waterproof barrier that protects your HERO3 in wet and underwater conditions.

Keep the camera housing's rubber seal clean. A single hair or grain of sand can cause a leak and damage your camera.

After every use in salt water, rinse the outside of the camera housing with non-salt water and dry. Not doing this can eventually cause corrosion of the hinge pin and salt buildup in the seal, which can cause failure.

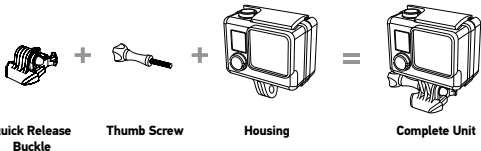
To clean the seal, rinse in fresh water and shake dry (drying with a cloth may cause lint to compromise the seal). Re-install the seal into the grooves in the backdoor of the camera housing.

***WARNING:*** Failure to follow these steps each time you use your HERO3 can result in leaks that may damage or destroy your camera. Your warranty does not cover water damage resulting from user error.

## USING THE MOUNTS

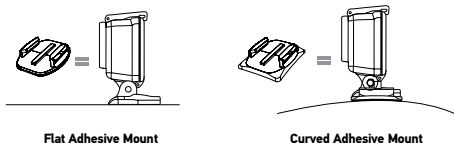
### ATTACHING YOUR CAMERA TO MOUNTS

To attach your HERO3+ camera to a mount, you will need a Quick Release Buckle, thumb screw or hardware depending on the mount you are using. For more information on mounts, visit: [gopro.com/support](http://gopro.com/support).



### USING CURVED + FLAT ADHESIVE MOUNTS

The Curved + Flat Adhesive Mounts make it easy to attach the camera to curved and flat surfaces of helmets, vehicles and gear. Using the Quick Release Buckle, the assembled camera housing can be clicked on and off the secured Curved or Flat Adhesive Mounts.



### ATTACHING ADHESIVE MOUNTS

#### PRO TIPS:

Apply to clean surface only. Wax, oil, dirt or other debris will reduce adhesion, which can result in a weak bond and risk of losing camera should connection fail.

Attach mount in room temperature conditions. Mount's adhesive will not bond properly if applied in cold or damp environments to cold or damp surfaces, or if the surface is not room temperature.

Adhesive mounts should only be mounted to smooth surfaces; porous or textured surfaces will not enable a proper bond. When applying mount, firmly press into place and ensure full contact over entire surface.

For best results, attach the mount 24 hours prior to use.

► See: [gopro.com/support](http://gopro.com/support) for more information on mounts.

### Locking Plug



Using the HERO3 in high impact sports such as surfing or skiing where significant impact may occur? Use the special locking plug which securely locks the attachment buckle fingers into place, helping prevent accidental housing release from the mount. The circular ring fits over the thumbscrew and acts as a leash to prevent dropping or losing the locking plug.

---

## CUSTOMER SUPPORT

---

GoPro is dedicated to providing the best possible service.

To reach GoPro Customer Support, visit **[gopro.com/support](https://gopro.com/support)**.

---

## REGULATORY INFORMATION

---

To see the complete list of country certifications, refer to the WARRANTY + DISCLAIMERS document included with this product.

